

## MSAD #54 Curriculum

Content Area: Physical Education  
Unit: Badminton

Grade: 9-Diploma  
MLR Span: 9-Diploma

MLR Content Standard:

**G. Movement/Motor Skills and Knowledge:** Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

**I. Personal and Social Skills and Knowledge:** Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

**G1. Stability and Force**

**G2. Movement Skills**

**I1. Cooperative Skills**

**I2. Responsible Behavior**

**I3 Safety Rules and Rules of Play**

| Performance Descriptor(s)   | MSAD #54 Objectives  | Instructional Resources/ Activities/Assessments  |
|---|--|--|
| <p><b>G1 Stability and Force</b></p> <p><b>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</b></p> <p>a. Demonstrate how spin and rebound affect</p> <p>b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p><b>G2 Movement Skills</b></p> <p><b>Students demonstrate a variety of specialized movement skills specific to a game/physical activity while participating in a game/physical activity.</b></p> <p><b>I1 Cooperative Skills</b></p> <p><b>Students demonstrate collaborative skills while participating in physical activities.</b></p> <p>a. Accept constructive feedback.<br/>b. Give constructive feedback.<br/>c. Include peers respectfully in activities.</p> <p><b>I2 Responsible Behavior</b></p> <p><b>Students demonstrate responsible and ethical personal behavior while participating in physical activities.</b></p> | <p>Students will:</p> <p>Learn forehand and backhand grip.</p> <p>Demonstrate swings that produce a long serve, short serve, overhead clear, underhand clear and smash and drop-shot.</p> <p>Demonstrate proper serving skills.</p> <p>Understand the rules of the game.</p> <p>Participate in doubles and singles game play.</p> <p>Demonstrate good sporting behavior during a competitive tournament.</p> | <p><b>Lesson 1:</b></p> <p>Grips, forehand, backhand grips.</p> <p>Activities: Practice with Partner</p> <p>Assessment: Informal observation.</p> <p><b>Lesson 2:</b></p> <p>Students will practice the short-low and deep-high serve. Students will learn the rules of the game.</p> <p>Activities: Practice serving skills with a partner. Practice doubles game play.</p> <p>Assessment: Informal observation.</p> <p><b>Lesson 3:</b> Drop and smash shots.</p> <p>Activities: Practice drop and smash shots during game play.</p> <p>Assessments: Informal Observation.</p> <p><b>Lesson 4:</b> Game play with partners with similar abilities.</p> <p>Activities: Game play with A and B leagues.</p> <p>Assessment: Single elimination tournament play.</p> <p><b>Lesson 5.</b></p> <p>Introduce rules and techniques for the game of table tennis.</p> <p>Activity: Game play</p> <p>Assessment: Informal Assessment</p> |

**I3 Safety Rules and Rules of Play**

**Students predict how  
etiquette/rules improve  
games/activities.**

a. Explain how etiquette/rules  
contribute to productive  
participation.