

MSAD #54 Curriculum

Content Area: Physical Education
Unit: Basketball

Grade: 9-Diploma
MLR Span: 9-Diploma

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

G1. Stability and Force

G2. Movement Skills

G3. Skill-related Fitness Components

G4. Skill Improvement

I1. Cooperative Skills

I2. Responsible Behavior

I3. Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G1 Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>a. Demonstrate how spin and rebound affect the motion of an object.</p> <p>b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>c. Adjust movements to accommodate external forces that decrease risk for injury.</p> <p>G2 Movement Skills</p> <p>Students demonstrate a variety of <i>specialized movement skills</i> specific to a game/physical activity while participating in a game/physical activity.</p> <p>G3 Skill-Related Fitness Components</p> <p>Students explain the relationship of skill-related fitness components to <i>specialized movement skills</i>.</p> <p>G4 Skill Improvement</p> <p>Students design appropriate practice sessions, utilizing <i>fundamental movement skills</i> to improve performance.</p>	<p>Students will:</p> <p>Learn the skills of passing – chest, bounce, one arm.</p> <p>Learn the skill of catching.</p> <p>Learn the skill of dribbling—using right and left hand, with appropriate height and dribble position.</p> <p>Learn to shoot layups, foul shots, and jump shots.</p> <p>Learn a variety of modified games that incorporate skills taught.</p> <p>Learn the basic rules of the game.</p>	<p>Lesson 1:</p> <p>Ball handling skills and dribbling.</p> <p>Activities: Ball handling drills.</p> <p>Assessment: Informal observation playing survival dribble.</p> <p>Lesson 2:</p> <p>Passing and catching.</p> <p>Activities: Partner drills; stationary and moving.</p> <p>Assessment: Informal observation.</p> <p>Lesson 3:</p> <p>Layups and Foul shots.</p> <p>Activities: Layup drills; competitive shooting foul shots. Game of 21.</p> <p>Assessment: Game of 21.</p> <p>Lesson 4:</p> <p>Modified games including 21; around-the-world; pig/horse/; knockout.</p> <p>Activities: Game play.</p> <p>Assessment: Participation</p> <p>Lesson 5:</p> <p>3 on 3 game play.</p> <p>Activities: Game play.</p> <p>Assessment: Participation</p>

I. Personal and Social Skills and Knowledge

Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

I1 Cooperative Skills

Students demonstrate collaborative skills while participating in physical activities.

- a. Accept constructive feedback.
- b. Give constructive feedback.
- c. Include peers

I2 Responsible Behavior

Students demonstrate responsible and ethical personal behavior while participating in physical activities.

I3 Safety Rules and Rules of Play

Students predict how etiquette/rules improve games/activities

- a. Explain how etiquette/rules contribute to productive participation.
- b. Predict how modifications to the environment can impact safety during games/physical activities.