

## MSAD #54 Curriculum

Content Area: Physical Education

Grade: 7-8

Unit: Basketball

### MLR Content Standard:

- G. Movement/Motor Skills and Knowledge: Students demonstrate the fundamental and specialized movement skills and apply principles of movement for improved performance.
- I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

### Performance Indicator:

G1 Stability and Force

G2 Movement Skills

G3 Skill-Related Fitness Components

G4 Skill Improvement

I1 Cooperative Skills

I2 Responsible Behavior

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>Students :</p> <p><b>G1 Students change their motion and the motion of objects by applying the principles of stability and force during skill practice.</b></p> <p>b. Demonstrate how the point of contact changes the path of an object.</p> <p>c. Demonstrate how the point of release changes the path of an object.</p> <p><b>G2 Students demonstrate motor skills and manipulative skills during drills or modified games/physical activities.</b></p> <p>a. Demonstrate correct technique for motor skills and manipulative skills during drills or modified games/physical activities.</p> <p>b. Combine manipulative skills with motor skills during drills or modified games/physical activities.</p> <p><b>G3 Students describe the following skill-related fitness components: balance, coordination, agility, speed, and power.</b></p> <p><b>G4 Students explain how specific, positive, and correct feedback affect skill improvement.</b></p> <p><b>I1 Students demonstrate cooperative and inclusive skills while participating in physical activities.</b></p> <p>a. Work together as a team.</p>	<p>Students will:</p> <p>Develop an awareness of ball control and identify ways to improve individual skill level.</p> <p>Develop passing and catching skills needed to play the game.</p> <p>Practice control and speed dribbling skills.</p> <p>Develop fundamental shooting skills for lay-up and jump shot.</p> <p>Develop guarding and rebounding skills for one-on-one and modified game play.</p> <p>Understand basic rules and play a modified game of basketball or basketball golf.</p>	<p>Activities will include:</p> <p>Ball Handling Skills          Passing and Catching          Dribbling          Lay-ups          Shooting          Defense &amp; Rebounding          Basketball Golf and/or Modified Game Play</p> <p>Assessment: Informal</p> <p>Instructional Resources:</p> <p>Zakrajsek, D.B., PhD. Carnes L.A. Med &amp; Pettigrew Jr. F., PhD. (2003) Quality Lesson Plans for Secondary Physical Education. Champaign, IL: Human Kinetics.</p> <p>Landy, J.M. &amp; Landy, M.J. (1993) Ready-to-Use P.E. Activities for Grades 7-9. New York: Parker Publishing Company</p> <p>Lumsden, K. (2001) P.E. Games &amp; Activities Kit for Grades 6-12. New Jersey; Parker Publishing Company.</p> <p>Online Resources</p>

**I2 Students demonstrate responsible personal behaviors while participating in physical activities.**

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