

RSU 54 School Lunch Menu

December 2018

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3	4	5	6	7
Cheesy Walking Tacos w/local lettuce & tomatoes Tangy Tomato & Bean Salsa Chilled Peaches Fruit and Veggie Bar	Deep Dish Pan Pizza <u>or</u> Yogurt & Fruit Parfait Fresh Salad w/romaine Cinnamon Applesauce Fruit and Veggie Bar	Wacky Wednesday Waffles Warm Sausage Patties Whole Hash Brown Stick Sweet Orange Juice Fruit and Veggie Bar	Beef Shepard's Pie w/potatoes and corn Cool Cinnamon Applesauce Warm WG Breadstick Fruit and Veggie Bar	BBQ Chicken Bites & Biscuits New England Baked Beans Sweet Grape Tomatoes Mixed Fruit - Pears Fruit and Veggie Bar
10	11	12	13	14
Baked Beef Burrito Refried Beans Mexican Corn Sweet Mixed Fruit w/Grapes Fruit and Veggie Bar	Cheesy Bosco Sticks™ w/Marinara Dipping Sauce Fresh Salad w/romaine Fresh Kiwi Slices Fruit and Veggie Bar	Macaroni & Cheese Boats Baked Ham Chunks Carrot & Celery Sticks Chilled Peaches Fruit and Veggie Bar	Chicken Filet w/WW Bun Sweet Potato Fries Chilled Diced Pears Fruit and Veggie Bar	Baked Chicken Chunks Rainbow Rice Green Broccoli Bites Warm Cinnamon Apples Fruit and Veggie Bar
17	18	19	20	21
WG Mini Corn Dogs Sweet Potato Puffs Green Broccoli Bites Granny Smith Apples Fruit and Veggie Bar	WG Breakfast Rounds with Yogurt Cup & String Cheese Steamed Mixed Veggies Strawberry Fruit Cup Fruit and Veggie Bar	Cheesy Pizza Crunchers w/Marinara Dipping Sauce Fresh Salad w/romaine Mixed Fruit - pears Fruit and Veggie Bar	Holiday Meal Roast Sliced Turkey w/gravy Steamy Mashed Potatoes Roasted Butternut Squash Tangy Cranberry Sauce Fresh Baked Roll	Kitchen's Main Meal Choice Kitchen's Bean Choice Kitchen's Veggie Choice Kitchen's Fruit Choice Fruit and Veggie Bar
24	25	26	27	28

Have a happy vacation! We will see you next year!

31	1	2	3	4
<i>Have a happy vacation! We will see you next year!</i>	<i>HAPPY NEW YEAR!</i>	French Toast Sticks Turkey Sausage Patties Grapes Tomatoes Orange Wedges Fruit and Veggie Bar	Spaghetti w/sauce Tossed Salad w/romaine Bright Orange Smiles Warm Garlic Breadstick Fruit and Veggie Bar	Baked Chicken Divan WG Pasta Crisp Sweet Corn Mixed Fruit w/grapes Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."