

MSAD #54 Curriculum

Content Area: Physical Education
Unit: Volleyball

Grade: 9-Diploma
MLR Span: 9-Diploma

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

G1. Stability and Force

G2. Movement Skills

I1. Cooperative Skills

I2. Responsible Behavior

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G1 Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>G2. Movement Skills</p> <p>Students demonstrate a variety of <i>specialized movement skills</i> specific to a game/physical activity while participating in a game/physical activity.</p> <p>I1. Cooperative Skills</p> <p>Students demonstrate collaborative skills while participating in physical activities.</p> <p>a. Accept constructive feedback. b. Give constructive feedback. c. Include peers respectfully in activities.</p> <p>I2. Responsible Behavior</p> <p>Students demonstrate responsible and ethical personal behavior while participating in physical activities.</p>	<p>Students will:</p> <p>Learn skills for serving,</p> <p>Learn skills for passing.</p> <p>Learn defensive skills.</p> <p>Learn offensive skills.</p> <p>Learn rules of the game.</p>	<p>Lesson 1</p> <p>Students will develop skills for the bump and set pass.</p> <p>Activities: Students practice in pairs the bump and set pass.</p> <p>Assessment: Demonstration of understanding through observation.</p> <p>Lesson 2</p> <p>Students will develop skills for underhand and overhand serve.</p> <p>Activities: Students practice with partners. Students serve over the net and behind the legal serving line.</p> <p>Assessment: Demonstration of proper form through observation.</p> <p>Lesson 3</p> <p>Students are introduced to rules of the game including rotation order and scoring.</p> <p>Students learn defensive and offensive positions and skills for game play.</p> <p>Activities: Students participate in game play.</p> <p>Assessment: Observation of game play and unit test on rules, skills and strategies.</p> <p>Resources: Quality Lesson Plans for Secondary Physical Education, Second Edition (Zakrajsek et al) and Complete Physical Education Plans for Grades 7-12. (Kleinman)</p>