

RSU 54 CACFP After School Meal Menu

September/October 2019

~Featuring Produce from our Local Maine Farms~

<i>Monday</i> 23	<i>Tuesday</i> 24	<i>Wednesday</i> 25	<i>Thursday</i> 26
<i>Cheesy Dipping Sticks</i> Bosco Stick Dipping Sauce Craisins Milk Choice	<i>Power Parfait</i> Yogurt Parfait Crisp Veggie Sticks Fruit Choice Teddy Grahams Milk Choice	<i>All American Meal</i> PB & J Sandwich (1) Tomato Bites Apple Milk Choice	<i>Cracker Snacker</i> Cheese Sticks (2) Veggie Choice Juice Box Goldfish Crackers Milk Choice
<i>Cheesy Dipping Sticks</i> 30 Bosco Stick Dipping Sauce Apple Milk Choice	<i>Stacked Salad</i> 1 Cheese/Chicken Romaine/Corn/Tomatoes Fruit Choice Goldfish Milk Choice	<i>Nacho To Go</i> 2 Cheese Sauce Salsa Cup Pear Top & Go Chips Milk Choice	<i>Deli Delight</i> 3 Deli Turkey/Cheese Lettuce/Tomatoes Raisins Mini Flatbread Milk Choice
<i>Pizza "Munch-able"</i> 7 Shredded Cheese/Ham Pizza Dipping Sauce Raspberry Sherbert Cup Dipping Sticks Milk Choice	<i>Banana Splitz</i> 8 Vanilla Yogurt Celery Bites Banana/Berries/Pineapple Teddy Grahams Milk Choice	<i>Bistro Box</i> 9 Sunflower Seeds/Diced Ham Cucumber Apple Sauce Cup Chewy WG Bagel Milk Choice	<i>Chicken Poppers</i> 10 Chicken Poppers Carrots Juice Box Goldfish Crackers Milk Choice
<i>Cheesy Dipping Sticks</i> 14 Bosco Stick Dipping Sauce Craisins Milk Choice	<i>Power Parfait</i> 15 Yogurt Parfait Crisp Veggie Sticks Fruit Choice Teddy Grahams Milk Choice	<i>All American Meal</i> 16 PB & J Sandwich (1) Tomato Bites Apple Milk Choice	<i>Cracker Snacker</i> 17 Cheese Sticks (2) Veggie Choice Juice Box Goldfish Crackers Milk Choice
<i>Cheesy Dipping Sticks</i> 21 Pizza Dipper Dipping Sauce Apple Milk Choice	<i>Stacked Salad</i> 22 Cheese/Chicken Romaine/Corn/Tomatoes Fruit Choice Goldfish Milk Choice	<i>Nacho To Go</i> 23 Cheese Sauce Salsa Cup Pear Top & Go Chips Milk Choice	<i>Deli Delight</i> 24 Deli Turkey/Cheese Lettuce/Tomatoes Raisins Mini Flatbread Milk Choice
<i>Pizza "Munch-able"</i> 28 Shredded Cheese/Ham Pizza Dipping Sauce Raspberry Sherbert Cup Dipping Sticks Milk Choice	<i>Banana Splitz</i> 29 Vanilla Yogurt Celery Bites Banana/Berries/Pineapple Teddy Grahams Milk Choice	<i>Bistro Box</i> 30 Sunflower Seeds/Diced Ham Cucumber Apple Sauce Cup Chewy WG Bagel Milk Choice	<i>Chicken Poppers</i> 31 Chicken Poppers Carrots Juice Box Goldfish Crackers Milk Choice

or Skim Milk Variety is Offered With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP an

"The Maine Department Of Education and the USDA are equal opportunity providers and employers."