

RSU 54 CACFP After School Meal Menu March/ April 2020

~Featuring Produce from our Local Maine Farms~

Monday		Tuesday		Wednesday		Thursday	
Pizza "Munch-able"	2	Nacho To Go	3	Deli Delight	4	All American Meal	5
		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		Deli Ham /Cheese Tomatoes Raisins Mini Flatbread Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Cracker Snacker	9	Power Yogurt	10	Nacho To Go	11	All American Meal	12
Cheese Sticks (2) Veggie Choice Juice Box Goldfish Crackers Milk Choice		Yogurt Cup/Sunflower Seeds Crisp Veggie Sticks Fruit Choice Teddy Grahams Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Pizza "Munch-able"	16	Nacho To Go	17	Deli Delight	18	All American Meal	19
Shredded Cheese Pizza Sauce Applesauce Cup Pizza Round Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		Deli Ham /Cheese Tomatoes Raisins Mini Flatbread Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Cracker Snacker	23	Power Yogurt	24	Nacho To Go	25	All American Meal	26
Cheese Sticks (2) Veggie Choice Juice Box Goldfish Crackers Milk Choice		Yogurt Cup/Sunflower Seeds Crisp Veggie Sticks Fruit Choice Teddy Grahams Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Pizza "Munch-able"	30	Nacho To Go	31	Deli Delight	1	All American Meal	2
Shredded Cheese Pizza Sauce Applesauce Cup Pizza Round Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		Deli Ham /Cheese Tomatoes Raisins Mini Flatbread Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Cracker Snacker	6	Power Yogurt	7	Nacho To Go	8	All American Meal	9
Cheese Sticks (2) Veggie Choice Juice Box Goldfish Crackers Milk Choice		Yogurt Cup/Sunflower Seeds Crisp Veggie Sticks Fruit Choice Teddy Grahams Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Pizza "Munch-able"	13	Nacho To Go	14	Deli Delight	15	All American Meal	16
Shredded Cheese Pizza Sauce Applesauce Cup Pizza Round Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		Deli Ham /Cheese Tomatoes Raisins Mini Flatbread Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	
Cracker Snacker	27	Power Yogurt	28	Nacho To Go	29	All American Meal	30
Cheese Sticks (2) Veggie Choice Juice Box Goldfish Crackers Milk Choice		Yogurt Cups/Sunflower Seeds Crisp Veggie Sticks Fruit Choice Teddy Grahams Milk Choice		Cheese Sauce Cup Salsa Cup Pear Top & Go Tortilla Chips Milk Choice		PB & J Sandwich (1) Veggie Choice Apple Milk Choice	

A Low Fat or Skim Milk Variety is Offered With Every Meal- Menu is Subject to Change Without Notice

All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"The Maine Department Of Education and the USDA are equal opportunity providers and employers."