


RSU 54 School Breakfast Menu

April 2021

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
29	30	31	1	2
Cereal Choice Juice or Dried Fruit Milk	Cereal Choice Bagel w/nutbutter or cream cheese Juice or Fruit Milk	Cereal Choice Blueberry Muffin Juice or Fruit Milk	Cereal Choice Breakfast Frudel Juice or Fruit Milk	Teacher's Workshop Day
5	6	7	8	9
Cereal Choice Pop tart Juice or Fruit Milk	Cereal Choice Pancakes Juice or Fruit Milk	Cereal Choice Breakfast Rounds Juice (1 F) or Raisins (1 F) Milk	Cereal Choice Homemade Breakfast Sandwich Juice or Fruit Milk	Cereal Choice Apple Frudel Wrap Juice or Fruit Milk
12	13	14	15	16
Cereal Choice Stuffed Bagel Juice or Fruit Milk	Cereal Choice French Toast Juice or Fruit Milk	Cereal Choice Yogurt Cup (1 M/MA) Juice or Fruit Milk	Cereal Choice Scrambled Eggs with Sausage Juice or Fruit Milk	Cereal Choice Cook's Breakfast Choice (2 G) Juice or Fruit Milk
19	20	21	22	23
<h1 style="color: green; font-style: italic;">SPRING BREAK</h1>				
26	27	29	30	1
Speedy Breakfast Break includes: Cereal Juice or Fruit Milk	Cereal Choice Bagel w/peanut butter or cr cheese Juice or Fruit Milk	Cereal Choice Cinnamon Crumb Cake (2G) Juice or Fruit Milk	Cereal Choice Homemade Blueberry Muffin Juice or Fruit Milk	Cereal Choice Benefit Bar Juice or Fruit Milk
<p>Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.</p>				
<p>A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC</p>				
<p>"This institution is an equal opportunity provider."</p>				